

## Bestenlijst 10 km Stadsloop Hattem DWLoopschool Heren

| Plts | Naam                 | Woonplaats/Vereniging | Tijd  |     | Jaar |
|------|----------------------|-----------------------|-------|-----|------|
| 1    | Sander Kloosterziel  | Zwolle                | 33:25 | min | 2024 |
| 2    | Sander Kloosterziel  | Zwolle                | 33:32 | min | 2023 |
| 3    | Sven Tellegen        | Zwolle                | 33:42 | min | 2023 |
| 4    | Ronald Derksen       | Beekbergen            | 33:54 | min | 2013 |
| 5    | Bas Mekking          | Heerde                | 34:07 | min | 2013 |
| 6    | Ronald Derksen       | Beekbergen            | 34:26 | min | 2014 |
| 7    | Gideon Messelink     | Hattem                | 34:46 | min | 2023 |
| 8    | Mark Lenssen         | Zwolle                | 34:50 | min | 2023 |
| 9    | Tjeerd Popkema       | Wapenveld             | 34:55 | min | 2022 |
| 10   | Martijn Schakelaar   | Hattem                | 34:58 | min | 2013 |
| 11   | Roland Besselink     | Ugchelen              | 35:03 | min | 2014 |
| 12   | Bennie Thunker       | Kampen                | 35:10 | min | 2013 |
| 13   | Dick Elzenga         | Eerbeek               | 35:17 | min | 2014 |
| 14   | Lars van der Zwaan   | Hattem                | 35:21 | min | 2019 |
| 15   | Jelmer van Leeningen | Raalte                | 35:37 | min | 2015 |
| 16   | Jaap Jan Slob        | Heerde                | 35:41 | min | 2022 |
| 17   | Gerjob Aalbers       | Zwolle                | 35:41 | min | 2024 |
| 18   | Lars van der Zwaan   | Hattem                | 35:51 | min | 2017 |
| 19   | Sander Kloosterziel  | Zwolle                | 36:02 | min | 2022 |
| 20   | Imre van der Geer    | Zwolle                | 36:03 | min | 2017 |
| 21   | Maikel Vogels        | Hattem DWL            | 36:03 | min | 2019 |
| 22   | Thiré Morgan         | Hattem                | 36:08 | min | 2024 |
| 23   | Bas Boekema          | Zwolle                | 36:10 | min | 2017 |
| 24   | Lars van der Zwaan   | Hattem                | 36:16 | min | 2018 |
| 25   | Martijn Schakelaar   | Hattem                | 36:21 | min | 2015 |
| 26   | Michael Kuil         | Hattem                | 36:27 | min | 2019 |
| 27   | Gijs Remmers         | Wapenveld             | 36:33 | min | 2019 |
| 28   | Bennie Thunker       | Kampen                | 36:34 | min | 2019 |
| 29   | Lars van der Zwaan   | Hattem                | 36:36 | min | 2024 |
| 30   | Frank Eikenaar       | Zwolle                | 36:37 | min | 2017 |
| 31   | Rob van der Graaf    | Hoogeveen             | 36:37 | min | 2017 |
| 32   | Maikel Vogels        | Hattem DWL            | 36:40 | min | 2017 |
| 33   | Han Peter Lucas      | Zwolle                | 36:41 | min | 2018 |
| 34   | Toine van Tricht     | Zwolle                | 36:45 | min | 2024 |
| 35   | Rob van de Graaf     | Hoogeveen             | 37:22 | min | 2018 |
| 36   | Peter Ligthart       | Hasselt               | 37:37 | min | 2013 |
| 37   | Sven Bode            | Zwolle                | 37:43 | min | 2019 |
| 38   | Remco Akse           | Meppel                | 37:47 | min | 2017 |
| 39   | Maikel Vogels        | Hattem                | 37:50 | min | 2014 |
| 40   | Frans Breet          | Dronten               | 37:50 | min | 2013 |
| 41   | Michael Kuil         | Hattem                | 37:53 | min | 2022 |
| 42   | Stefan Breet         | Dronten               | 37:55 | min | 2015 |
| 43   | Hans van Renselaar   | Hattem                | 38:07 | min | 2013 |

|    |                           |                 |       |     |      |
|----|---------------------------|-----------------|-------|-----|------|
| 44 | Maikel Vogels             | Hattem DWL      | 38:11 | min | 2022 |
| 45 | Gerard Dunnink            | Steenwijk       | 38:15 | min | 2014 |
| 46 | Michael Kuil              | Hattem          | 38:16 | min | 2013 |
| 47 | Maikel Vogels             | Hattem          | 38:17 | min | 2013 |
| 48 | Roel van der Steege       | Kampen          | 38:23 | min | 2017 |
| 49 | Dick van Os               | Zwolle          | 38:26 | min | 2013 |
| 50 | Roel van der Steege       | Kampen          | 38:46 | min | 2016 |
| 51 | Armand Sol                | Zwolle          | 38:46 | min | 2019 |
| 52 | Nico Bakker               | Hattem          | 38:53 | min | 2022 |
| 53 | Hans van Renselaar        | Hattem          | 38:55 | min | 2015 |
| 54 | Martijn Schakelaar        | Hattem          | 38:58 | min | 2022 |
| 55 | Richard Veldkamp          | Zwolle          | 38:59 | min | 2019 |
| 56 | Sjoerd van Westerop       | Zwolle          | 39:07 | min | 2015 |
| 57 | Michael Kuil              | Hattem          | 39:16 | min | 2018 |
| 58 | Dennis van den Belt       | Dronten         | 39:17 | min | 2018 |
| 59 | Sjoerd van Westerop       | Zwolle DWL      | 39:17 | min | 2019 |
| 60 | Corné van Maren           | Apeldoorn       | 39:24 | min | 2022 |
| 61 | Berend Remmers            | Linde (Drenthe) | 39:25 | min | 2019 |
| 62 | Thomas Bervoets           | Hattem          | 39:27 | min | 2019 |
| 63 | F. Mussche                | Zwolle          | 39:30 | min | 2013 |
| 64 | Sjoerd van Westerop       | Heerde          | 39:30 | min | 2022 |
| 65 | Ewoud Roest               | Enschede        | 39:32 | min | 2019 |
| 66 | Jan Maarten Plaggenmarsch | Zwolle          | 39:39 | min | 2019 |
| 67 | Martijn Schakelaar        | Hattem          | 39:39 | min | 2023 |
| 68 | Gerjob Aalbers            | Zwolle          | 39:40 | min | 2022 |
| 69 | Jorma van den Hoeven      | Hattem DWL      | 39:40 | min | 2022 |
| 70 | Michael Kuil              | Hattem          | 39:45 | min | 2017 |
| 71 | Marcel de Bats            | Vaassen         | 39:47 | min | 2015 |
| 72 | Lars van der Zwaan        | Hattem          | 39:47 | min | 2015 |
| 73 | Marten Beeftink           | Hattem DWL      | 39:53 | min | 2018 |
| 74 | Cor van Emmerik           | Epe             | 40:01 | min | 2014 |
| 75 | Jethro Buter              | Hattem          | 40:03 | min | 2018 |
| 76 | Ad de Jong                | Den Haag        | 40:09 | min | 2018 |
| 77 | Marcel Wichers            | Hattem          | 40:14 | min | 2019 |
| 78 | Marcel Wichers            | Hattem          | 40:17 | min | 2022 |
| 79 | Bert Blankvoort           | Hattem          | 40:20 | min | 2018 |
| 80 | André Kragt               | Bunschoten      | 40:28 | min | 2018 |
| 81 | Sander van den Tillaar    | Enschede        | 40:29 | min | 2013 |
| 82 | Rolf van der Graat        | Hasselt         | 40:30 | min | 2017 |
| 83 | Pim Pos                   | Zwolle          | 40:32 | min | 2017 |
| 84 | Theo Boekema              | Zwolle          | 40:33 | min | 2017 |
| 85 | Marten Beeftink           | Hattem DWL      | 40:36 | min | 2017 |
| 86 | Johan van Hoorn           | Hattem          | 40:42 | min | 2014 |
| 87 | Erwin Schoneville         | Epe             | 40:54 | min | 2013 |
| 88 | Rien Grootkarzijn         | Hattem DWL      | 40:57 | min | 2018 |
| 89 | Bert Blankvoort           | Hattem          | 40:59 | min | 2017 |
| 90 | Thomas Fritsch            | Hattem          | 41:08 | min | 2019 |

|     |                      |                    |       |     |      |
|-----|----------------------|--------------------|-------|-----|------|
| 91  | Dennis Licht         | Beekbergen         | 41:15 | min | 2022 |
| 92  | Danny van den Beld   | Wezep              | 41:16 | min | 2014 |
| 93  | Ivo de Wilde         | Epe                | 41:16 | min | 2022 |
| 94  | Timo Bomhof          | Heino              | 41:18 | min | 2016 |
| 95  | Arno Kruidhof        | Rouveen            | 41:18 | min | 2015 |
| 96  | Ruben Schoenmakers   | Hatterem           | 41:20 | min | 2013 |
| 97  | Ronald Metselaar     | Hatterem           | 41:24 | min | 2013 |
| 98  | Erik de Ruiter       | Zwolle             | 41:27 | min | 2015 |
| 99  | Jorma van den Hoeven | Hatterem DWL       | 41:32 | min | 2017 |
| 100 | Harjan Kragt         | Hatterem           | 41:32 | min | 2019 |
| 101 | Ivo de Wilde         | Epe                | 41:38 | min | 2024 |
| 102 | Marcel Wichers       | Hatterem           | 41:40 | min | 2017 |
| 103 | Marten Beeftink      | Hatterem DWL       | 41:45 | min | 2019 |
| 104 | Gart Bartels         | Zwolle             | 41:47 | min | 2013 |
| 105 | Martin Halfwerk      | Hatterem           | 41:50 | min | 2016 |
| 106 | Frank Hofstede       | Raalte             | 41:52 | min | 2019 |
| 107 | Heinze van Enk       | Hatterem DWL       | 41:54 | min | 2019 |
| 108 | Ivo de Wilde         | Epe                | 41:54 | min | 2023 |
| 109 | Rolf Nijboer         | Dalfsen            | 41:56 | min | 2015 |
| 110 | Mark van Manen       | Wapenveld          | 41:58 | min | 2018 |
| 111 | Martijn Hamhuis      | Nijmegen           | 41:58 | min | 2024 |
| 112 | Jos van Raalte       | Hatterem           | 42:03 | min | 2017 |
| 113 | Wouter Kasemier      | Hatterem           | 42:06 | min | 2022 |
| 114 | Elnathan van Dijk    | Hatterem           | 42:25 | min | 2017 |
| 115 | Erik Bezema          | Lelystad           | 42:26 | min | 2013 |
| 116 | Erik van den Bosch   | Hattermerbroek     | 42:26 | min | 2024 |
| 117 | Johan Pul            | Elspeet            | 42:28 | min | 2017 |
| 118 | Erwin van Dalen      | Kampen             | 42:31 | min | 2017 |
| 119 | Jaap Slump           | Hatterem           | 42:37 | min | 2019 |
| 120 | Henk Huisman         | Hatterem           | 42:38 | min | 2014 |
| 121 | Wouter Kasemier      | Hatterem           | 42:39 | min | 2019 |
| 122 | Henk Huisman         | Hatterem           | 42:40 | min | 2013 |
| 123 | Hans van Renselaar   | Hatterem           | 42:42 | min | 2019 |
| 124 | Ronald Metselaar     | Hatterem           | 42:43 | min | 2019 |
| 125 | Frans Breet          | Dronten            | 42:44 | min | 2015 |
| 126 | Elnathan van Dijk    | Zwolle             | 42:44 | min | 2019 |
| 127 | Martijn Schakelaar   | Hatterem           | 42:44 | min | 2019 |
| 128 | Stefan Engels        | Zwolle             | 42:44 | min | 2024 |
| 129 | Bert Blankvoort      | Hatterem DWL       | 42:45 | min | 2024 |
| 130 | Joost Wolbrink       | Zwolle             | 42:52 | min | 2014 |
| 131 | Arend van Wijk       | Hatterem DWL       | 42:57 | min | 2019 |
| 132 | Jac Postma           | 'S Heerenbroek DWL | 43:00 | min | 2023 |
| 133 | Jochem Emmen         | Wageningen         | 43:06 | min | 2017 |
| 134 | Gert Bartels         | Zwolle             | 43:10 | min | 2023 |
| 135 | Thom Langevoord      | Hatterem           | 43:10 | min | 2024 |
| 136 | René Buné            | Hatterem           | 43:13 | min | 2024 |
| 137 | Henry Bruins         | Hatterem DWL       | 43:20 | min | 2019 |

|     |                      |                |       |     |      |
|-----|----------------------|----------------|-------|-----|------|
| 138 | Guido Bakker         | Hattem         | 43:25 | min | 2015 |
| 139 | Bas Looijen          | Zwolle         | 43:27 | min | 2024 |
| 140 | Merlijn Meeus        | Utrecht        | 43:28 | min | 2022 |
| 141 | Martin Geertsma      | Hattem         | 43:32 | min | 2019 |
| 142 | Dik Zwanepol         | Hattermerbroek | 43:35 | min | 2016 |
| 143 | Harry Veldkamp       | Epe            | 43:35 | min | 2013 |
| 144 | Rudolf Huberts       | Wezep          | 43:37 | min | 2019 |
| 145 | Arnoud Kamp          | Zwolle         | 43:41 | min | 2017 |
| 146 | Willem Salet         | Zwolle         | 43:41 | min | 2024 |
| 147 | Erwin van Dalen      | Kampen         | 43:43 | min | 2019 |
| 148 | Rob Messelink        | Hattem DWL     | 43:49 | min | 2024 |
| 149 | Ewoud Roest          | Hattem         | 43:51 | min | 2018 |
| 150 | Wim van der Laan     | Hattem         | 43:51 | min | 2018 |
| 151 | Heiko van Beek       | Hattem DWL     | 43:52 | min | 2017 |
| 152 | Jan-Maarten Bomhof   | Heino          | 43:55 | min | 2016 |
| 153 | Andries Huizenga     | Hattem         | 43:57 | min | 2014 |
| 154 | Harjan Kragt         | Hattem         | 44:02 | min | 2018 |
| 155 | Jos van Raalte       | Hattem         | 44:02 | min | 2018 |
| 156 | Heinze van Enk       | Hattem DWL     | 44:04 | min | 2017 |
| 157 | Thomas Fritsch       | Hattem         | 44:05 | min | 2018 |
| 158 | Arend van Wijk       | Hattem         | 44:05 | min | 2024 |
| 159 | Nick Wiersema        | Hattem DWL     | 44:07 | min | 2024 |
| 160 | Jaap Slump           | Hattem         | 44:08 | min | 2024 |
| 161 | Bert Kleiboer        | Zwolle         | 44:11 | min | 2022 |
| 162 | Edwin Veldkamp       | Hattem         | 44:12 | min | 2019 |
| 163 | Bert Blankvoort      | Hattem         | 44:16 | min | 2016 |
| 164 | Edwin Veldkamp       | Hattem         | 44:18 | min | 2015 |
| 165 | Roeland Scheffer     | Zwolle         | 44:18 | min | 2023 |
| 166 | Martin Brinkman      | Zwolle         | 44:19 | min | 2014 |
| 167 | Arjan Rorije         | Dalfsen        | 44:20 | min | 2013 |
| 168 | Ronald Metselaar     | Hattem         | 44:21 | min | 2018 |
| 169 | Chris van Beuzekom   | Hattem         | 44:24 | min | 2017 |
| 170 | Harm Koekkoek        | Hattem         | 44:28 | min | 2019 |
| 171 | Jeroen Eikelboom     | Hattem         | 44:29 | min | 2018 |
| 172 | Henk Jager           | Hattem DWL     | 44:31 | min | 2022 |
| 173 | Tjaarde Keuris       | Hattem         | 44:32 | min | 2022 |
| 174 | Roel van Selling     | Zwolle         | 44:32 | min | 2022 |
| 175 | Frank Hofstede       | Raalte         | 44:33 | min | 2017 |
| 176 | Arjen Bruins         | Zwolle         | 44:34 | min | 2018 |
| 177 | John Mulder          | Ens            | 44:34 | min | 2022 |
| 178 | Karsten Dijs         | Hattem         | 44:34 | min | 2024 |
| 179 | Guido Bakker         | Hattem         | 44:37 | min | 2018 |
| 180 | Rob van Walderveen   | Hattem         | 44:38 | min | 2024 |
| 181 | Laurens Wiersma      | Zwolle         | 44:39 | min | 2019 |
| 182 | Dirk Zwanepol        | Hattermerbroek | 44:41 | min | 2024 |
| 183 | Jorma van den Hoeven | Hattem DWL     | 44:43 | min | 2015 |
| 184 | Bert Bouwland        | Dronten        | 44:43 | min | 2023 |

|     |                      |                    |       |     |      |
|-----|----------------------|--------------------|-------|-----|------|
| 185 | Han Kampman          | Zwolle             | 44:44 | min | 2017 |
| 186 | Rob Messelink        | Hattem DWL         | 44:44 | min | 2023 |
| 187 | Marcel van den Bosch | Wezep              | 44:45 | min | 2024 |
| 188 | Cor Kooiker          | Rouveen            | 44:50 | min | 2014 |
| 189 | Bert Uitslag         | Hattem             | 44:53 | min | 2016 |
| 190 | Matthias Michelsen   | Hattemerbroek      | 44:56 | min | 2022 |
| 191 | Herald Immink        | Hattem             | 44:56 | min | 2022 |
| 192 | Harold Bosman        | Hattem             | 44:58 | min | 2015 |
| 193 | Bert Uitslag         | Hattem             | 45:00 | min | 2017 |
| 194 | Rudolf Huberts       | Wezep              | 45:03 | min | 2018 |
| 195 | John Mulder          | Ens                | 45:08 | min | 2023 |
| 196 | Corné van der Worp   | Hattem             | 45:15 | min | 2019 |
| 197 | Jos van Raalte       | Hattem             | 45:16 | min | 2022 |
| 198 | Andy van Erven       | Hattem             | 45:18 | min | 2022 |
| 199 | Arne van de Streek   | Hattem DWL         | 45:20 | min | 2023 |
| 200 | Chris Ketelaar       | Deventer           | 45:22 | min | 2016 |
| 201 | Ewald Woertman       | Raalte             | 45:23 | min | 2019 |
| 202 | Bauke Busscher       | Hattem             | 45:25 | min | 2014 |
| 203 | Ruben Spannenberg    | Hattem             | 45:28 | min | 2024 |
| 204 | Joost van den Brink  | Heerde (de Gemzen) | 45:33 | min | 2019 |
| 205 | Frank van der Kant   | Bovenkarspel       | 45:34 | min | 2015 |
| 206 | Henk Jager           | Hattem DWL         | 45:35 | min | 2017 |
| 207 | Heiko van Beek       | Hattem DWL         | 45:40 | min | 2015 |
| 208 | Corné van der Worp   | Hattem             | 45:41 | min | 2022 |
| 209 | Bert Wagtelenberg    | Hattem             | 45:44 | min | 2014 |
| 210 | Wijnand Veen         | Hattem             | 45:45 | min | 2017 |
| 211 | Jan Strik            | Hattem             | 45:45 | min | 2017 |
| 212 | Peter Bood           | Zwolle             | 45:46 | min | 2022 |
| 213 | Melvin Kroon         | Hattem             | 45:47 | min | 2024 |
| 214 | Rein Hogeboom        | Hattem             | 45:49 | min | 2018 |
| 215 | Remco Klompstra      | Epe                | 45:51 | min | 2014 |
| 216 | Marcel Klaassen      | Lemmer             | 45:54 | min | 2024 |
| 217 | Thomas Fritsch       | Hattem             | 45:57 | min | 2017 |
| 218 | Bert Neuteboom       | Hattem             | 45:59 | min | 2024 |
| 219 | Erwin van Lohuizen   | Hattem             | 46:00 | min | 2013 |
| 220 | Bert Wijnhoud        | Hattem             | 46:01 | min | 2016 |
| 221 | Bert Wagtelenberg    | Hattem             | 46:05 | min | 2013 |
| 222 | Emile Spanhaak       | Zwolle             | 46:06 | min | 2019 |
| 223 | Jacco Hageman        | Heerde             | 46:08 | min | 2014 |
| 224 | Henk Brons           | Hattem             | 46:09 | min | 2014 |
| 225 | Emile Spanhaak       | Zwolle             | 46:13 | min | 2018 |
| 226 | Emile Spanhaak       | Zwolle             | 46:14 | min | 2022 |
| 227 | Jos Scholten         | Zwolle             | 46:15 | min | 2018 |
| 228 | Karsten Dijs         | Hattem             | 46:17 | min | 2023 |
| 229 | Corné van der Worp   | Hattem             | 46:17 | min | 2024 |
| 230 | Robert Leferink      | Hattem             | 46:19 | min | 2017 |
| 231 | Abraham van Veen     | Bochoor Duitsland  | 46:19 | min | 2019 |

|     |                       |                |       |     |      |
|-----|-----------------------|----------------|-------|-----|------|
| 232 | Jan Strik             | Hattem         | 46:19 | min | 2018 |
| 233 | Ewoud Roest           | Hattem         | 46:22 | min | 2016 |
| 234 | Edwin van Guilik      | Wapenveld      | 46:25 | min | 2024 |
| 235 | Ewoud Roest           | Hattem         | 46:32 | min | 2017 |
| 236 | Maurice Groeneveld    | Hattem         | 46:32 | min | 2022 |
| 237 | Gert Jan Zieleman     | Hattem         | 46:35 | min | 2019 |
| 238 | Carlo Dijkman         | Didam          | 46:36 | min | 2017 |
| 239 | Joost Veltman         | Heerde         | 46:44 | min | 2017 |
| 240 | Joop Aalbers          | Zwolle         | 46:45 | min | 2023 |
| 241 | Marco van Riel        | Zwolle         | 46:48 | min | 2018 |
| 242 | Harm Koekkoek         | Hattem         | 46:48 | min | 2018 |
| 243 | Gerard Krist          | Zwolle         | 46:49 | min | 2022 |
| 244 | Albert Holtland       | Staphorst      | 46:50 | min | 2015 |
| 245 | Jan Strik             | Hattem         | 46:51 | min | 2019 |
| 246 | Jos van Raalte        | Hattem         | 46:52 | min | 2016 |
| 247 | Gijs Vedder           | Deventer       | 46:53 | min | 2017 |
| 248 | Jaap Slump            | Hattem         | 46:54 | min | 2017 |
| 249 | Pieter Galema         | Hattem         | 46:57 | min | 2015 |
| 250 | Arne van de Streek    | Hattem         | 46:57 | min | 2019 |
| 251 | Giorgo Thymgio        | Hattem DWL     | 46:58 | min | 2019 |
| 252 | Wouter Kasemier       | Hattem         | 46:58 | min | 2018 |
| 253 | Rein Hogeboom         | Hattem         | 47:00 | min | 2017 |
| 254 | Jan Jaap Beekhuis     | Kampen         | 47:02 | min | 2016 |
| 255 | Arjen Verschuren      | Almelo         | 47:05 | min | 2015 |
| 256 | Rolf Visser           | Hattem         | 47:11 | min | 2019 |
| 257 | Giorgo Thymgio        | Hattem         | 47:12 | min | 2015 |
| 258 | Diederik Brem         | Apeldoorn      | 47:12 | min | 2022 |
| 259 | Jordie ter Steege     | Zwolle         | 47:14 | min | 2014 |
| 260 | Henk van Dijk         | Kampen         | 47:17 | min | 2013 |
| 261 | Giorgo Thymgio        | Hattem DWL     | 47:17 | min | 2022 |
| 262 | Erik Knevelbaard      | Coevorden      | 47:20 | min | 2016 |
| 263 | Richard Mulder        | Hattem         | 47:23 | min | 2013 |
| 264 | Arjan Bruins          | Zwolle         | 47:23 | min | 2017 |
| 265 | Marc van der Ziel     | Hattem DWL     | 47:25 | min | 2018 |
| 266 | Diederik van der Worp | Hattem         | 47:27 | min | 2016 |
| 267 | Matthijs van den Berg | Zwolle DWL     | 47:30 | min | 2017 |
| 268 | Jan Snijder           | Nieuwleusen    | 47:31 | min | 2018 |
| 269 | Robert van Essen      | Hattermerbroek | 47:32 | min | 2016 |
| 270 | Rob van Walderveen    | Hattem         | 47:36 | min | 2016 |
| 271 | Herman Weelink        | Hattem         | 47:37 | min | 2019 |
| 272 | Harold Neijenhuis     | Hattem DWL     | 47:38 | min | 2022 |
| 273 | Antoon Bloem          | Hattem         | 47:43 | min | 2024 |
| 274 | Anno van Ommen        | Hattem         | 47:46 | min | 2016 |
| 275 | Jacob van Ernst       | Hattem         | 47:47 | min | 2016 |
| 276 | Harold Neijenhuis     | Hattem DWL     | 47:48 | min | 2018 |
| 277 | Harold Neijenhuis     | Hattem DWL     | 47:49 | min | 2019 |
| 278 | Bert Prins            | Heerde         | 47:49 | min | 2019 |

|     |                      |                  |       |     |      |
|-----|----------------------|------------------|-------|-----|------|
| 279 | Hein Wielink         | Hattem           | 47:50 | min | 2017 |
| 280 | Giorgo Thymgio       | Hattem           | 47:54 | min | 2018 |
| 281 | Fred van Dam         | Zwolle           | 47:54 | min | 2019 |
| 282 | Wouter Tijhaar       | Apeldoorn        | 48:02 | min | 2019 |
| 283 | Gert Jan Zieleman    | Hattem           | 48:05 | min | 2015 |
| 284 | Niels Meijer         | Zwolle           | 48:06 | min | 2024 |
| 285 | Wim Muller           | Hattem           | 48:09 | min | 2017 |
| 286 | Giorgo Thymgio       | Hattem           | 48:10 | min | 2016 |
| 287 | Abraham van veen     | Bockum Duitsland | 48:10 | min | 2014 |
| 288 | Philip Pruim         | Eelde            | 48:12 | min | 2022 |
| 289 | Albert Visser        | Velp             | 48:16 | min | 2017 |
| 290 | Huib Liefhebber      | Zwolle           | 48:17 | min | 2023 |
| 291 | Bart van Wensveen    | Doetinchem       | 48:17 | min | 2024 |
| 292 | Rolf Visser          | Hattem           | 48:21 | min | 2018 |
| 293 | Jorian Overweg       | Hattem           | 48:21 | min | 2024 |
| 294 | Johan Kraan          | Hattem           | 48:22 | min | 2017 |
| 295 | Jannes van der Vegte | Heino            | 48:23 | min | 2016 |
| 296 | Rutger Zieleman      | Hattem           | 48:23 | min | 2019 |
| 297 | Erwin van Dalen      | Kampen           | 48:23 | min | 2024 |
| 298 | Werner Schoenman     | Zwolle           | 48:25 | min | 2017 |
| 299 | Rene van Rijssen     | Hattem           | 48:26 | min | 2017 |
| 300 | Colin Lankwarden     | Hattem DWL       | 48:27 | min | 2017 |
| 301 | Harold Neijenhuis    | Hattem DWL       | 48:28 | min | 2017 |
| 302 | Herald Immink        | Hattem           | 48:30 | min | 2019 |
| 303 | Rob Diender          | Hattem DWL       | 48:31 | min | 2015 |
| 304 | Tom Holsappel        | Heino DWL        | 48:36 | min | 2022 |
| 305 | Edwin Weelink        | Zwolle           | 48:39 | min | 2022 |
| 306 | Ronald Harbrink      | Zwolle           | 48:40 | min | 2018 |
| 307 | Harold Neijenhuis    | Hattem DWL       | 48:43 | min | 2023 |
| 308 | Ben Schimmel         | xxx              | 48:45 | min | 2014 |
| 309 | Roy Dijkslag         | Zwolle DWL       | 48:54 | min | 2022 |
| 310 | Bert Wagtelenberg    | Hattem           | 49:01 | min | 2018 |
| 311 | Albert Jan Tijssen   | Hattem           | 49:06 | min | 2016 |
| 312 | Jaco Veldsema        | Zwolle           | 49:08 | min | 2019 |
| 313 | Mark Kraan           | Hattem DWL       | 49:09 | min | 2017 |
| 314 | Pieter Galema        | Hattem           | 49:13 | min | 2019 |
| 315 | Herman Weelink       | Hattem           | 49:13 | min | 2022 |
| 316 | Giorgo Thymgio       | Hattem DWL       | 49:13 | min | 2023 |
| 317 | Dennis Mulder        | Hattem DWL       | 49:14 | min | 2018 |
| 318 | Thomas Fritsch       | Hattem           | 49:16 | min | 2016 |
| 319 | Edger Knier          | Hattem           | 49:17 | min | 2015 |
| 320 | Wilco van Weeghel    | Meppel           | 49:19 | min | 2014 |
| 321 | Arnold Berghorst     | Wezep            | 49:22 | min | 2024 |
| 322 | Heiko van Beek       | Hattem           | 49:24 | min | 2014 |
| 323 | Edger Knier          | Hattem           | 49:25 | min | 2014 |
| 324 | Emile Spanhaak       | Zwolle           | 49:25 | min | 2017 |
| 325 | Herman Weelink       | Hattem           | 49:29 | min | 2017 |

|     |                       |                          |       |     |      |
|-----|-----------------------|--------------------------|-------|-----|------|
| 326 | Randy de Geus         | Hattem                   | 49:32 | min | 2024 |
| 327 | Marc Bomhof           | Heino                    | 49:33 | min | 2016 |
| 328 | Henk Brons            | Hattem                   | 49:38 | min | 2013 |
| 329 | Reinier Jonker        | Hattem DWL               | 49:40 | min | 2023 |
| 330 | Bert Wagtelenberg     | Hattem DWL               | 49:41 | min | 2015 |
| 331 | Herman Weelink        | Hattem                   | 49:43 | min | 2018 |
| 332 | Dinant Lemson         | Dalfsen                  | 49:43 | min | 2022 |
| 333 | Marco Schuurman       | Hattem DWL               | 49:46 | min | 2015 |
| 334 | Frits Lautenbach      | Hattem                   | 49:50 | min | 2015 |
| 335 | Hein Wielink          | Hattem                   | 49:56 | min | 2018 |
| 336 | Michael Smit          | Zwolle DWL               | 49:56 | min | 2018 |
| 337 | E.J. van Ens          | Garyp                    | 49:56 | min | 2022 |
| 338 | Raymond Lachenal      | Zwolle DWL               | 49:57 | min | 2018 |
| 339 | Jeffrey Marsman       | Hattem                   | 49:58 | min | 2017 |
| 340 | Ewoud Roest           | Enschede                 | 50:01 | min | 2024 |
| 341 | Alex Witteveen        | Hattem DWL               | 50:03 | min | 2016 |
| 342 | Ronald Harbrink       | Zwolle                   | 50:06 | min | 2017 |
| 343 | Jaap ter Velde        | Hattem                   | 50:10 | min | 2024 |
| 344 | Joris Blom            | Hattem                   | 50:11 | min | 2024 |
| 345 | Giorgo Thymgio        | Hattem DWL               | 50:11 | min | 2024 |
| 346 | Piet Uffing           | Hattem                   | 50:12 | min | 2019 |
| 347 | Theo Hanekamp         | Heerde                   | 50:21 | min | 2023 |
| 348 | Frits Lautenbag       | Hattem                   | 50:25 | min | 2017 |
| 349 | Ertugrul Ozdil        | Deventer                 | 50:41 | min | 2015 |
| 350 | Piet Uffing           | Hattem                   | 50:55 | min | 2022 |
| 351 | E Kamman              | Zwolle                   | 50:56 | min | 2024 |
| 352 | Yari van den Berg     | Amersfoort               | 50:58 | min | 2022 |
| 353 | Cor van den Berg      | Hattem DWL               | 50:58 | min | 2022 |
| 354 | Rutger Zieleman       | Hattem                   | 51:01 | min | 2018 |
| 355 | Ben Westerkamp        | Zwolle                   | 51:01 | min | 2023 |
| 356 | Freddy Mulder         | Zwolle                   | 51:02 | min | 2023 |
| 357 | Jan Bakker            | Zwolle                   | 51:02 | min | 2023 |
| 358 | Bert Neuteboom        | Hattem                   | 51:11 | min | 2022 |
| 359 | Arjen Seinstra        | Hattem                   | 51:22 | min | 2022 |
| 360 | Alex Witteveen        | Hattem DWL               | 51:24 | min | 2017 |
| 361 | Bert van er Kolk      | Hattem DWL               | 51:35 | min | 2015 |
| 362 | Wilbert Lindeboom     | Nieuwleusen              | 51:35 | min | 2018 |
| 363 | Dick van Roekel       | Almere                   | 51:39 | min | 2015 |
| 364 | Kees Sosef            | Reipertswiller Frankrijk | 51:43 | min | 2015 |
| 365 | Peter Fijn            | Hattem                   | 51:53 | min | 2015 |
| 366 | Ton van Doorn         | Hattem DWL               | 51:53 | min | 2018 |
| 367 | Michel Niemer         | Hattemerbroek DWL        | 51:56 | min | 2019 |
| 368 | Jan Fransen           | Hasselt                  | 52:22 | min | 2016 |
| 369 | Diederik van der Worp | Hattem                   | 52:27 | min | 2017 |
| 370 | Arjen Seinstra        | Hattem                   | 52:29 | min | 2016 |
| 371 | Jan Fransen           | Hasselt                  | 52:29 | min | 2015 |
| 372 | Theo de Ruiter        | Hattem                   | 52:34 | min | 2013 |



|     |                      |                    |       |     |      |
|-----|----------------------|--------------------|-------|-----|------|
| 373 | Theo de Ruiter       | Hattem             | 52:36 | min | 2015 |
| 374 | Alex Witteveen       | Hattem DWL         | 52:37 | min | 2015 |
| 375 | Richard van t Land   | Zwolle             | 52:42 | min | 2013 |
| 376 | Mart van Veen        | Krimpen aan de Lek | 52:42 | min | 2017 |
| 377 | Jarno Visser         | Hattem             | 52:43 | min | 2017 |
| 378 | Henk Wallinga        | Hasselt            | 52:44 | min | 2014 |
| 379 | Sven van Helden      | Hattem             | 52:48 | min | 2019 |
| 380 | Remco Lootens        | Hattem DWL         | 52:50 | min | 2018 |
| 381 | Ton van Doorn        | Hattem DWL         | 52:54 | min | 2019 |
| 382 | Dick van Roekel      | Almere             | 52:55 | min | 2016 |
| 383 | Sven van Helden      | Hattem             | 52:58 | min | 2018 |
| 384 | Jarno Visser         | Hattem             | 53:04 | min | 2019 |
| 385 | Peter Lage Venterink | Nijverdal          | 53:09 | min | 2014 |
| 386 | Bernd Klein          | Zwolle             | 53:20 | min | 2024 |
| 387 | Tonny Keizer         | Hattem             | 53:28 | min | 2015 |
| 388 | Rolf Visser          | Hattem             | 53:29 | min | 2017 |
| 389 | Paul Eleveld         | Hattem             | 53:33 | min | 2018 |
| 390 | Tonny Holleboom      | Broekland OV       | 53:36 | min | 2016 |
| 391 | Cor van den Berg     | Hattem DWL         | 53:50 | min | 2023 |
| 392 | Wim van den Berg     | Wezep              | 53:50 | min | 2023 |
| 393 | Herman Dorgelo       | Hattem DWL         | 53:56 | min | 2018 |
| 394 | Theo de Ruiter       | Hattem             | 53:58 | min | 2016 |
| 395 | Remco Lootens        | Hattem DWL         | 54:07 | min | 2015 |
| 396 | Bert Ribbers         | Nenzing-Oostenrijk | 54:10 | min | 2014 |
| 397 | John Hoogeveen       | Zwolle             | 54:26 | min | 2017 |
| 398 | Gerard de Groot      | Hattem             | 54:45 | min | 2017 |
| 399 | Timo van 't Ende     | Hattem             | 54:45 | min | 2019 |
| 400 | Herman Dorgelo       | Hattem DWL         | 54:47 | min | 2019 |
| 401 | Wybren Tjeerdsma     | Zwolle             | 55:07 | min | 2017 |
| 402 | Koops                | Holten             | 55:12 | min | 2014 |
| 403 | Michel Niemer        | Hattemerbroek DWL  | 55:17 | min | 2017 |
| 404 | Harold Neijenhuis    | Hattem DWL         | 55:39 | min | 2015 |
| 405 | Niels Hetjes         | Hattem             | 55:40 | min | 2024 |
| 406 | Arjen Lankman        | Hattem             | 55:47 | min | 2018 |
| 407 | C J van Vianen       | Hattem             | 56:07 | min | 2024 |
| 408 | Karst den Hamer      | Hattem             | 56:07 | min | 2024 |
| 409 | Niek Kuiper          | Hattem             | 56:09 | min | 2023 |
| 410 | Gerrit Schuitema     | Emmen              | 56:11 | min | 2015 |
| 411 | Sven van Helden      | Hattem             | 56:11 | min | 2017 |
| 412 | Johan Kremer         | Hattem             | 56:13 | min | 2014 |
| 413 | Henk Brouwer         | Hattem             | 56:20 | min | 2017 |
| 414 | Bart Riezeweide      | Hattem             | 56:23 | min | 2013 |
| 415 | Arnoud Mensink       | Hattem             | 56:34 | min | 2016 |
| 416 | Ton van Doorn        | Hattem DWL         | 56:35 | min | 2017 |
| 417 | Twan Derksen         | Apeldoorn          | 56:51 | min | 2024 |
| 418 | Jeng van der Gaast   | Wezep              | 57:14 | min | 2016 |
| 419 | Herman Dorgelo       | Hattem DWL         | 57:14 | min | 2017 |

|     |                   |           |          |     |      |
|-----|-------------------|-----------|----------|-----|------|
| 420 | Harm Timmer       | Wezep     | 57:15    | min | 2017 |
| 421 | Piet Uffing       | Hattem    | 57:28    | min | 2016 |
| 422 | Andreas Lindeboom | Hattem    | 57:43    | min | 2014 |
| 423 | Romanov Sagel     | Hattem    | 59:16    | min | 2016 |
| 424 | Jurjen Eikenaar   | Zwolle    | 59:21    | min | 2014 |
| 425 | Giorgo Thymgio    | Hattem    | 59:30    | min | 2014 |
| 426 | Erik Jan Vens     | Groningen | 59:55    | min | 2014 |
| 427 | Hiels Beugelink   | Hattem    | 01:00:46 | uur | 2017 |
| 428 | Hiels Beugelink   | Hattem    | 01:02:00 | uur | 2016 |
| 429 | George Keet       | Hattem    | 01:02:31 | uur | 2015 |